

2010

May

June

5/19

C: L Knee Pain 3/10; 40% of awake time

O: L Knee Subluxations
↑ROM Pain; Injury

Dx: L Knee Strain/Sprain/Pain

5/24

C: L Knee Pain 3/10; 30% of awake time

O: L Knee Subluxations
↑ROM Pain; Grade 4 Pain
Muscle Weakness in L
Knee flexors, extensors,
Sartorius; Positive Drawer's
Sign and McMurray's Sign

Dx: L Knee Strain/Sprain/Pain

5/26

C: L Knee Pain 3/10; 30% of awake time

O: L Knee Subluxations
↑ROM Pain; Injury

Dx: L Knee Strain/Sprain/Pain

6/1

C: L Knee Pain 3/10; 30% of awake time

O: L Knee Subluxations
↑ROM Pain; Injury

Dx: L Knee Strain/Sprain/Pain

6/2

C: L Knee Pain 3/10; 30% of awake time

O: L Knee Subluxations
↑ROM Pain; Injury

Dx: L Knee Strain/Sprain/Pain

6/7

C: L Knee Pain 2-3/10; 30% of awake time

O: L Knee Subluxations
↑ROM Pain; Injury

Dx: L Knee Strain/Sprain/Pain

6/9

C: L Knee Pain 2/10; 25% of awake time

O: L Knee Subluxations
↑ROM Pain; Injury

Dx: L Knee Strain/Sprain/Pain

6/14

C: L Knee Pain 2/10; 20% of awake time

O: L Knee Subluxations
↑ROM Pain; Injury

Dx: L Knee Strain/Sprain/Pain

6/16

C: L Knee Pain 2/10; 20% of awake time

O: L Knee Subluxations
↑ROM Pain; Injury

Dx: L Knee Strain/Sprain/Pain

6/21

C: L Knee Pain 2/10; 20% of awake time

O: L Knee Subluxations
↑ROM Pain; Injury

Dx: L Knee Strain/Sprain/Pain

5/19

Samuel Waxman, M.D./

Valley Care Center

P on TTD & physiotherapy

C: Feeling better; no pain on ROM

Plan: Continue icing knee;

no squatting temporarily

Still some areas of sub-clinical

inflammation; May be prone to

exacerbation and remission of

pain, muscle spasm or both;

Extend time off from work for

two weeks; PROGNOSIS GUARDED